



INDEX-

NEW PRODUCTS	4
MATS	6
ProfiGymMat®	
ProfiGymMat® Professional	8
TheraMat Professional	10
ReahMat Professioinal	11
YogaMat Natural Rubber	12
YogaMat	14
YogaMat Professional	15
Yoga Towel	16
Gym Mat Accessories	18
TRAININGSEQUIPMENT	21
Yoga Belt	22
Yoga Block	23
Yoga Wheel	25
Yoga Swing	26
Acupressure Products	28
Meditation Cushion	30
Pilates Ring	32
Pilates Ball	33
Pilates Roll	34
Massage Roll	36
Fascia Roll	
Fascia Ball	46
Massage Ball	52

Gym Ball Bureba®	
Gym Ball - Accessories	56
Gym Chair	57
Balance Board	58
Balance Pad	66
Balance Cushion	68
Gym Tubes	72
Grip Trainer	77
oops	
Rubber Band	82
Suspension Trainer	86
Ab Wheel	88
Swing Stick	90
Stepper	റാ
stepper	92
WEIGHTS	95
WEIGHTS Hex Dumbbells	95 96
WEIGHTS	95 96
WEIGHTS Hex Dumbbells	9 5 96
WEIGHTS Hex Dumbbells Chrome Dumbbells	95 96 98
WEIGHTS Hex Dumbbells Chrome Dumbbells Weight Cuffs Vinyl Dumbbells Kettlebells	95 96 100 101
WEIGHTS Hex Dumbbells Chrome Dumbbells Weight Cuffs Vinyl Dumbbells	95 96 100 101
WEIGHTS Hex Dumbbells Chrome Dumbbells Weight Cuffs Vinyl Dumbbells Kettlebells Pump Set ATS Premium PU Disk	95 98 100 101 102 106 110
WEIGHTS Hex Dumbbells Chrome Dumbbells Weight Cuffs Vinyl Dumbbells Kettlebells Pump Set	95 98 100 101 102 106 110
WEIGHTS Hex Dumbbells Chrome Dumbbells Weight Cuffs Vinyl Dumbbells Kettlebells Pump Set ATS Premium PU Disk	95 96 100 101 102 106 110
WEIGHTS Hex Dumbbells Chrome Dumbbells Weight Cuffs Vinyl Dumbbells Kettlebells Pump Set ATS Premium PU Disk Body Bar	95 96 98 100 101 102 106 110 114

FLOORING MATS	120
Segura Interlocking 1000	122
Segura 1000	126
Segura 1000	127
Fina Interlocking 1100	128
Fina 1100	130
Rubber Roll	132
Rubber Mat	135
Studio Line	136
Sport Mat Standard	140
Sport Mat Judo	142



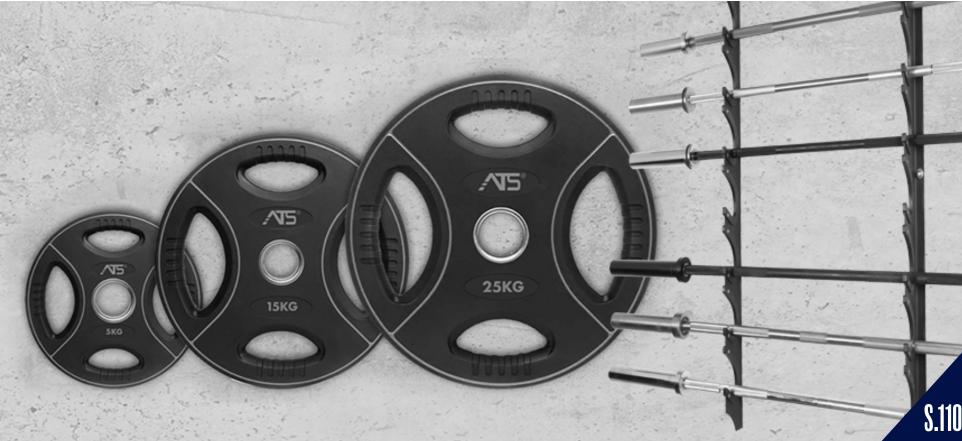
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NEW PRODUCTS

ProfiGymMat®

180 x 60 cm, 110 KG/m³ Material: NBR



Like all of our ProfiGymMats, the Profi-GymMat® consists of the soft and stable NBR foam. With a density of 110 KG / m3, this ProfiGymMat is the softer version and is used particularly in the private sector. The food-safe material is characterized by its particularly mechanical resistance and is therefore particularly durable. The mat is BPA-free and therefore suitable for pregnancy exercises and fitness with children.

- resilient
- tear-resistant and dimensionally stable
- Easy adaptation to the substrate
- Comfortable and flexible
- Super-hygienic due to the closed cell structure
- Antibacterial protection
- Easy to clean with water





Size in cm							RRP
180 x 60 x 1,0	8204GR	8204A	8204B	8204R	8204OR	8204P	23,00 €
180 x 60 x 1,5	8205GR	8205A	8205B	8205R	8205OR	8205P	35,00 €
180 x 60 x 1cm incl. Eyelets	8124GR	8124A	8124B	-	-	-	27,00 €
180 x 60 x 1,5cm incl. Eyelets	8125GR	8125A	8125B	-	-	-	39,00 €

ProfiGymMat®



Size in cm								RRP
120 x 60 x 1,0	8016A	8016GR	8016B	8016R	-	-	-	23,90 €
140 x 60 x 1,0	8001A	8001GR	8001B	8001R	8001G	8001OR	8001P	29,90 €
140 x 60 x 1,5	8002A	-	8002B	8002R	8002G	-	-	41,90 €
180 x 60 x 1,0	8004A	8004GR	8004B	8004R	8004G	8004OR	8004P	35,00 €
180 x 60 x 1,5	8005A	8005GR	8005B	8005R	8005G	8005OR	8005P	54,90 €
180 x 60 x 2,0	-	-	8006B	8006R	8006G	-	-	63,90 €
190 x 80 x 1.5	8011A	_	8011B	8011R	_	_	-	74.90 €

Size in cm incl. eyelets								RRP
120 x 60 x 1,0	8116A	8116GR	8116B	8116R	-	-	-	30,90 €
140 x 60 x 1,0	8101A	8101GR	8101B	8101R	8101G	8101OR	8101P	36,90 €
140 x 60 x 1,5	8102A	-	8102B	8102R	8102G	-	-	48,90 €
180 x 60 x 1,0	8104A	8104GR	8104B	8104R	8104G	8104OR	8104P	42,00 €
180 x 60 x 1,5	8105A	8105GR	8105B	8105R	8105G	8105OR	8105P	61,90 €
190 x 80 x 1,5	8111A	-	8111B	8111R	-	-	-	81,90 €

ProfiGymMat® Professional

180 x 60/80 cm, 170 KG/m³ Material: NBR



The ProfiGymMat Professional is extremely robust with a material density of 170 kg / m3. Due to the new vertical structure, the mat wears less. This makes them even more comfortable and increases their durability at the same time. The mat is BPA-free and therefore suitable for pregnancy exercises and fitness with children.

The quality of the new generation of ProfiGym-Mat® Professional speaks for itself and meets the highest demands in all professional areas.

- Stays resistant, supple and stable in shape even under high performance
- Tensile strength
- Long life
- Comfortable, flexible and flat lying
- Easy rolling and unrolling
- No sticking-out corners
- Optimum shock absorbing
- Both sides usable, in the studio, outdoor and in water
- Super hygienic because of closed cellular structure
- Anti-germ protection
- Hydrophobic and dirt-repellent
- Easily cleanable with water

Did you know?

ProfiGymMat's are free of:

- BPA
- Formamid
- Latex
- Toxic Plastic





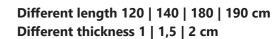












PROFIGYMMAT®

PROFESSIONAL

- 7 different colours
- With or without Rings
- Material NBR









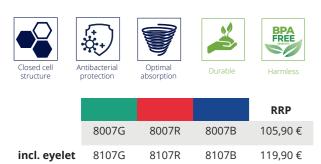
THERAMAT PROFESSIONAL

TheraMat Professional

Art. No. 8007 180 x 120 x 1,5 cm Material: NBR

The luxury variant of the ProfiGymMat is called TheraMat Professional. In addition to the therapy, the rehabilitation area is also an area of application. The TheraMat impresses by your size: 180 cm x 120 cm in thicknesses 1,5 cm. With this measure ments it is indispensable in the therapeutic field. Self-exercises lateral roll movements are no problem.

Of course the TheraMat has all the advantages of the ProfiGymMat. Also available including Rings.



REHAMAT PROFESSIONAL

RehaMat Professional

Art. No. 8009 200 x 100 x 2,5 cm Material: NBR

The new RehaMat Professional is matched to the highest demands in the rehabilitation sector. Due to its shape (straight edges), it is perfectly suited for assembling several mats for group therapy. With a thickness of 2,5cm the RehaMat Professional provides the right foundation for demanding exercises.

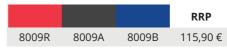
Of course the RehaMat Professional has all the advantages of the ProfiGymMat Professional.















ReahMat Professioinal

NATURAL RUBBER YOGAMAT VIDAFLOR

YogaMat Vidaflor

Art. No. 9450A 180 x 60 x 0,3 cm

Material: 65% Natural Rubber, 35% PU

Our new yoga mat is characterized by its extremely good hold and elasticity. It looks particularly high-quality because of the surface and the attractive design. The mat is made of natural rubber, which is obtained from renewable raw materials and is therefore particularly sustainable.

- Natural rubber
- Good anti-grip properties
- Free from toxins
- Easy cleaning























9450R

49,90€

RRP



NEW

YogaMat Natural Rubber



180 x 60 x 0,5

180 x 60 x 0,5

incl. eyelets

9020B

9020OR

9120B 9120OR

TRENDY SPORT®

180 x 60 x 0,5

9220B

9220OR

9220P

9220A

15,90 €

19,90€

25,90 €

9020Y

9120Y

9120R

9020G

9120G

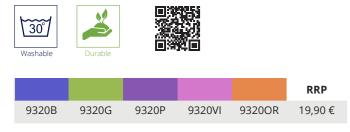


Yoga Towel Toalha

Art. No. 9320 183 x 63 cm Material: Microfibre, PVC (dots)

The Yoga Toalha is made of microfiber and is therefore extremely light, but still offers a warm and very comfortable surface for yoga, Pilates and meditation. The PVC knobs on the underside guarantee a good hold and a high level of security. Toalha is washable and therefore a very hygienic pad for your yoga training! A bag is included in the scope of delivery.







Mount metal

Art. No. 8108 85 x 8 cm, eyelet distance variable Material: Steel, coated



Individually adjustable wall suspension, max. eyelets distance 68 cm

Mount metal

Art. No. 8103 60 x 6 cm, Eyeltes distance 48 cm Material: Steel, coated



max. assembly ProfiGymMat 120/140/180 (1 cm) 15 pcs. ProfiGymmat 140/180/190 (1,5 cm) 10 pcs. Trendy YogaMat (0,5 cm) 20 pcs.

ProfiGymMat Seat Cushion

35 x 30 x 1,5 cm Material: NBR



			2, 24		-	(-
Art. No.	8103	8108	8106	9030B	9030R	9030A
RRP	49,90 €	39,90 €	150,00€	7,90 €	7,90 €	7,90 €

Mat cart

Art. No. 8106 Material: Aluminium

- ProfiGymMat max length 190 cm
- Aluminium with handles
- Size: 78 x 52 x 206 cm
- Eyelet distance variable
- max capacity

1,0 cm 30 pcs 20 pcs 1,5 cm 0,5 cm 30 pcs.





Art. No. 8013 Material: PP

With the help of the velcro tape, you can now hold your ProfiGym-Mat particularly easily and therefore also transport it. They have a length of 78 cm.

Carry Bag

Art. No. 8110 Max. length: 180cm Material: PU

The carrying bag for ProfiGym mats size 120 - 140 - 180 not only guarantees you space-saving and protected storage, but also makes the mat comfortable to carry. In addition, the mat on the side wall of the bag is easier to remove.



Velcro Profi

Art. No. 8014 Material: PP

With the help of the velcro tape, you can now hold your ProfiGymMat particularly easily together.

In addition, the connection between the two velcro straps guarantees easy transport.



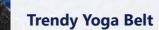






100% Cotton

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Art. No. 9013 300 x 4 x 0,2 cm Material: Cotton

The yoga belt not only guarantees you a more precise execution of various exercises, but also significantly reduces the risk of overstretching. The belt also makes it easier for beginners to enter the world of yoga.

The clasp made of two metal rings is particularly robust and popular. The yoga belt is available in seven different colors!

Allergy Washab



Inkl. new sales packaging



The yoga block not only helps beginners with the implementation, but also guarantees advanced users correct execution of more complex exercises and is therefore an indispensable training aid for various yoga exercises.

The block is available in seven different colors, 7.5 cm or 10 cm thick.



Yoga Block

Art. No. 9011 / 9012 Material: EVA

RRP Yoga Block 7,5 cm 9011Y 9011G 7,50€ 9011OR 9011P 9011A 9011R 8,90 € Yoga Block 10 cm 9012G Yoga Belt 9013B 9013OR 9013P 9013A 9013R 9013Y 9013G 5,90 €

Yoga Belt Presilha

Yoga Belt

Art. No. 9014 Length: 180 cm, 10 Loops Material: Acrylic, Rubber

The Presilha yoga belt is an ideal training aid, especially in the areas of Pilates and yoga, as well as for physiotherapeutic exercises, as well as pre- or post-training stretching.

YOGA BELT

Thanks to the loops, many different grip positions with feet and hands are possible. That is why the Yoga Presilha is irreplaceable as a stretching and stretching aid.









Trendy Presilha 9,90 € 9014

As a training aid, Yoga Presilha can not only correct bad posture, but also improve flexibility and the range of motion.

- Stretching and expansion aid
- Foot can be placed in different positions
- Correction of deficiencies and body shape
- Flexibility and range of motion can be improved



Inkl. sales packaging

SUSTAINABLE **NATURE EDITION**

Yoga Belt Nature

Art. No. 9013N Length: 3m

Material: 100% Cotton

The Trendy Yoga Belt not only guarantees a more precise performance of your exercise, it is also minimising the risk of a overstretch. The natural look of the Yoga Belt nature fits perfectty in the natural yoga product environement.











Yoga Block Bamboo

Art. No. 9011BA 23 x 15 x 7,5cm Material: Bamboo

The yoga block Bamboo helps advanced learners to intensify their exercises in order to achieve greater success, while beginners achieve postures that would not even be possible without the block. Thanks to its cellclosed bamboo material, the block achieves a high level of hygiene and is characterized by its lightness and stability.







	Art. No.	RRP
Yoga Block Bamboo	9011BA	18,90€
Yoga Belt Nature	9013N	6,90 €



Yoga Wheel Roda

Art. No. 9060 Ø 32 cm / 13 cm Material: TPE, ABS



Stretching - bending - massaging - balancing - stabilizing - our trendy Roda yoga wheel is a versatile training device and can be incorporated into various yoga exercises. It helps beginners to approach difficult exercises, advanced users can deepen positions. Trendy Roda supports you in building muscles, promotes mobility and helps to relieve tension.





Stretching and warm-up exercises can be performed even more safely thanks to the anti-slip surface on the outside. The wood look gives the yoga wheel a very elegant and natural look. Convince yourself of the high quality of our yoga wheel!



RRP Art. No.

Trendy Roda 35,90 € 9060



Inkl .new sales packaging

Yoga Belt/Block

With the **Yoga Swing Impulso** tension can be released and strength can be built up at the same time. The rocking leads each position in the horizontal and vertical plane into the depths of yoga.

Basically, it is easier to give up your own body weight from a hanging position and conversely it is easier to engage in stretching. This goal is achieved especially with a 'head - over - position' and the entire back including the spine is relieved. Back problems in particular can be counteracted positively.

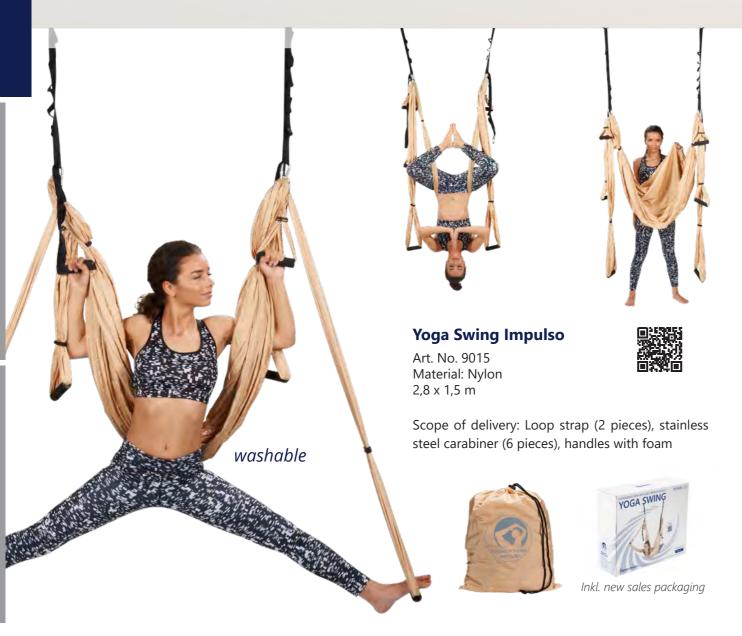
Since most of humanity suffers from back problems, inversion therapy is an indispensable part of the Trendy Impulso. Neck and pelvic problems can also be eliminated with the appropriate exercises.

This training device convinces with numerous positive effects. These include not only a deeper breathing technique, increased sense of balance, reducti-

on of stress and better stretching, but also an expansion in strength, flexibility. The confidence in your own body can be extremely strengthened.

The Trendy Impulso contains some loops and handles to hold on or to relieve certain parts of the body. The stable fastening material can also be purchased.

- Inversion Therapy
- Greater freedom of movement
- The rocking deepens the yoga positions in the horizontal and vertical plane
- Much deeper breathing techniques, increased balance and better stretching are possible
- Relieves back-, neck- and pelvic-problems
- Several loops and handles for holding or to relieve certain parts of the body.
- Stable fixing material can be purchased additionally





	Art. No.	RRP
0	9015	79,90 €
	8107	9,90€

Trendy Impuls Ceiling mount







▲ INDEX



Acurewell® - Acupressure coating Picata for Bamusta Cuatro XL

Art. No. 9423N Size: 48 x 48 cm

Material: 100% Cotton, ABS (spikes)

This acupressure cover with 168 massage points fits perfectly on our balance pad BA-MUSTA 9000XL (page 66) and thus expands its range of functions to save space. An elastic band on the back ensures that the cover cannot slip.

$\textbf{Acurewell} \, {}^{\circledR} \, \textbf{-} \, \textbf{Acupressure mat Picata}$

Art. No. 9420N Size mat: 68 x 42 x 2cm Size pillow: 37 x 15 x 10 cm

Material: 100% Cotton, ABS (spikes)

The acupressure mat Picata with 180 massage points, together with the neck pillow with a further 54 massage points, can help you fight head, shoulder and neck pain. This pain is often caused by stress, little movement and poor posture. Both acupressure products are delivered in a practical cotton bag and can be used anywhere and quickly stowed away. Both the mat cover and the cushion cover are removable and therefore easy to clean.











Acurewell® Acupressure pillow Picata

Art. No. 9422N Size: 30x40cm

Material: 100% Cotton, ABS (spikes)

Filling: Buckwheat hulls

Our new acupressure pillow Picata from the acupressure product range Acurewell effectively relieves your head, shoulder and neck pain, which often results from stress, little movement and poor posture. The treatment resembles a pleasant head massage and can be used anywhere and at any time with the handy pillow size of 40x30cm.

The principle of action of acupressure is based on the millennia-old tradition of Chinese medicine and ensures that the life energy flows through the body without interference via meridians and thus creates physical and psychological well-being.

The acupressure products stimulate the blood circulation through their massage pressure points and also stimulate the production of endorphins, which has a positive effect on the sensation of pain. In addition to pain relief, positive effects such as stress relief or the relief of sleep disorders are also achieved.

The products consist of 100% natural cotton and are extremely pleasant and skin-friendly due to the temperature and moisture regulating properties of the cotton.

By purchasing a product made from a renewable raw material, you also support a sustainable product cycle. The AcuReWell Picata pillow is filled with heat-retaining and breathable buckwheat husks. It adapts perfectly to your neck contour and can therefore optimally support muscle relaxation.

Treat yourself to your wellness oasis for your home NOW and relax with our AcuReWell Picata pillow - strength lies in peace!









■ INDEX

Especially in our fast-paced times, it is important to find peace inside - meditation can create a balance in hectic everyday life to relax and recharge your batteries. A stable sitting posture is very important when meditating in order to be able to sit relaxed in the various meditation postures for a long time and to avoid postural damage. With a meditation seat cushion, overstressing the knees can be avoided, the weight on the back and pelvis is better distributed and blood circulation is promoted. Silensia also facilitates a back-friendly and upright posture, which allows the chest to open and you can breathe freely. The pillow cover is made of a pleasantly soft velvet fabric, which can be removed via a zipper on the underside of the pillow and washable at 20°.

The Silensia cushion is filled with heat-storing and breathable buckwheat hulls, which adapt well to your seat and thus offer additional support and stability. Create your haven of calm now and breathe deeply in and out with Silensia!





Anthracite 9421A Violet 9421VI 29,90€

RRP

Acurewell® - Meditation cushion Siliensia

Art. No. 9421A, 9421VI Material: Velvet Filling: Buckwheat hulls 33x33x13cm

Our meditation seat cushion Silensia from the Acurewell product range supports you in taking a comfortable and gentle sitting position during meditation.

With the dimensions 33x33x13 cm, the seat cushion is always at hand at home or in the studio and can also be an atmospheric seat and oasis of calm in your living room.



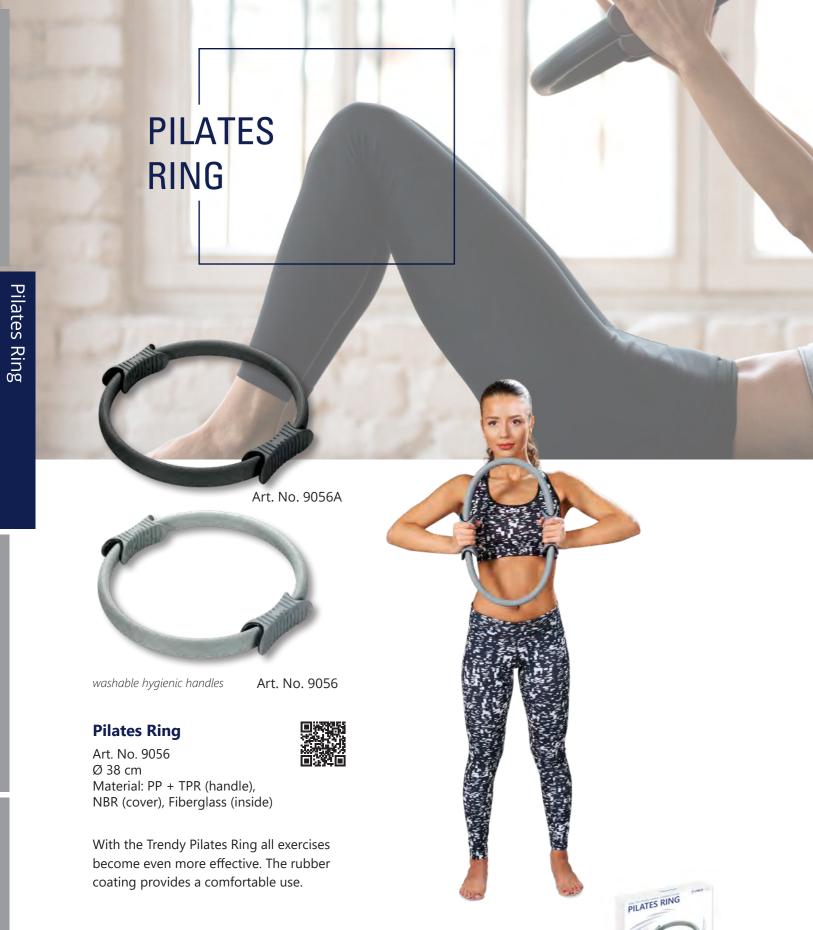






Incl. new sales packaging

Meditation Cushion



Trendy Pilates Ball Melina

Available Size: ø 19 cm, ø 25 cm, ø 30 cm Max weight carrying capacity: 60 KG Material: PVC

The original Trendy Pilates Ball Melina is produced of a soft foamed PVC material, can be inflated very easily with the inflating aid (blow pipe) and can be closed with the provided plug. It's a perfect training device to strengthen the back and abdominal muscles. The Trendy Pilates Ball Melina is offering a wide range of exercises.

A necessary inflation aid and plug are included in the scope of delivery.





ma	х. са	rrying	capacity
		60 KG	; i

Art. No.	RRP
9051A	4,60€
9052B	5,20€
9053R	5,80€
	9051A 9052B



MELINA



Ø 25 cm



Ø 30 cm





Anthracite 9056A

19,90 €

Incl. sales packaging

Pilates Roll Pequeno

Art. No. 9101B (Blue) / 9101A (Anthracite) 30 cm x Ø 15 cm Material: EVA

The soft and robust Fascia Massage Roll cares with its smooth design for excellent trigger-point therapy and complete muscle massage.

PEQUENO

DOWNLOAD EXERCISE INSTRUCTION



Art. No. 9003 (Blue), 9003A (Anthracite) 91 cm x 7,5 cm Material: EVA

Optimal Pilates gym equipment for exercises, where upper body can recline on the dimensionally stable roll. Already proven in the fascia training and fascia massage.

















RRP

Anthracite 9101A Blue 9101B 18,90 €



Inkl. sales packaging

Pilates Roll Largo

Art. No. 9001 (Blue), 9001A (Anthracite) 90 cm x \emptyset 15 cm Material: EVA













Pilates Roll Mount

Art. No. 9041B (Blue), 9041A (Anthracite) 96 x19 x 5 cm

Our Trendy Roll Mount is used for space-saving storage of up to 5 Trendy Rolls, suitable for all rolls with 15 cm diameter. Suitable for five pilates rolls



			RRP
Largo	9001A	9001	37,90 €
Media	9003A	9003	23,90 €
Roll Mount	9041A	9041B	17,90 €



Trendy Marola

Art. No. 9102 Ø 13 cm / 30 cm Material: EVA, ABS (tube and cap)

With the help of the stable and robust surface structure of the fascia massage roll, an excellent trigger point therapy can be brought about and a complete muscle massage can be achieved. This is particularly important because the everyday stress on our body can lead to one-sided stress on the muscle and fascia tissue.

As a result, the cells store more fibers, which causes the tissue to become denser and the circulation to be restricted, so that shortened and densified muscle areas are formed, so-called trigger points.



Trendy Marola

9102



9104

Purchase Price

Incl. new sales packaging

25,90 €

RRP

12,95€

Trendy Connector

Art. No. 9122

With the Trendy connector you can connect two Trendy Marola or Prego fascia rolls to each other and thus get a 60cm long fascia roll for an even more diverse choice between exercises while standing, lying or sitting. To do this, you have to unscrew a cover from the roll and screw in the connector between the two rolls.



RRP

9122

5,90€







Trendy Prego

Art. No. 9104 Ø 13 cm / 30 cm Material: EVA, ABS (tube and cap)

The pyramid-shaped massage points of the Trendy Prego® are especially suitable for deeper lying and more firmly seated tension in the muscle areas of the lower extremities, the back and to stabilize the trunk. The gently curved center relieves the spine and at the same time provides an intensive massage of all adjacent muscle areas. Accessories such as the Trendy Tres Forca can be stored inside the roll and closed with the screw cap.



Incl. new sales packaging



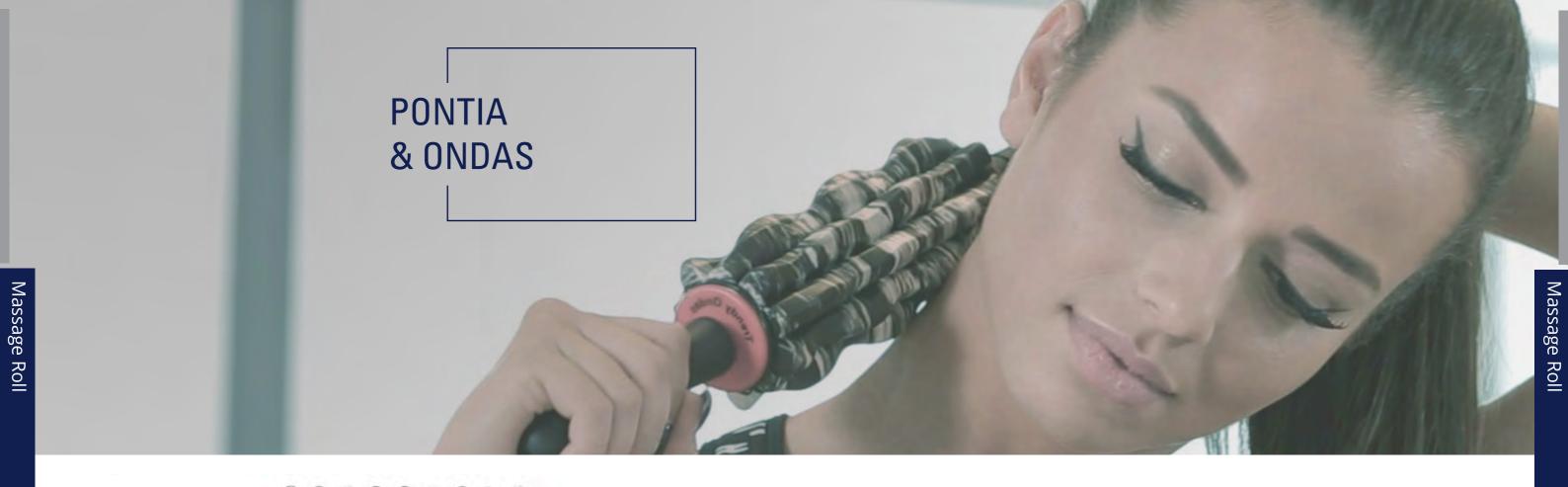








Massage Roll





Massage Roll Pontia

Art. No. 9106 Ø 7 cm / 39 cm Material: EVA, PP (cap), POM (tube), TPR (grip)

When using the Trendy Pontia you have an active and quick regeneration of the tissue. The soft tissue components of our connective tissue are known as also involved in important movements and metabolic arms and shoulders. processes.

fascia can also be reached and thus resolved as a re-

Trendy Pontia

9106



Incl. sales packaging

sult of regular use, which in turn promotes and increases blood circulation. Thanks to the handles, the roller is stable and secure in your hands and thus also fascia, which span our body like a net. The fascia are makes it easier to reach places such as the neck, legs,

The roller cover a wide range of applications and, Due to the pyramid-shaped elevations, lower-lying thanks to their comfortable size, fits in any sports bag.



Trendy Ondas 9107

19,90€

RRP





Massage Roll Ondas

Art. No. 9107 Ø 7 cm / 39 cm

Material: EVA, PP (cap), POM (tube), TPR (grip)

The wave-shaped massage roller Ondas does not work as deeply into the muscles as the Pontia massage roller and acts a little more gently.









Incl. sales packaging





Trendy Estrela

Art. No. 9114A Ø 14 cm / 32 cm Material: EPP

The robust fascia massage roller with a star profile, with its high-quality surface, provides excellent trigger point therapy and muscle massage. Tension or painful parts of the body are specifically treated. The fascia roll consists of two rolls that are inserted into each other and can be used together or separately. With this fascia roll you have an even greater choice between standing, lying or sitting exercises. The fascia roll is made of environmentally friendly EPP material. The rolls can be manufactured with a minimal consumption of resources and easily recycled. The fascia roll is not only particularly light and therefore mobile, it is also easy to clean.

The rectangular doming can be customized on request



Estrela Black 9114A

14,90€











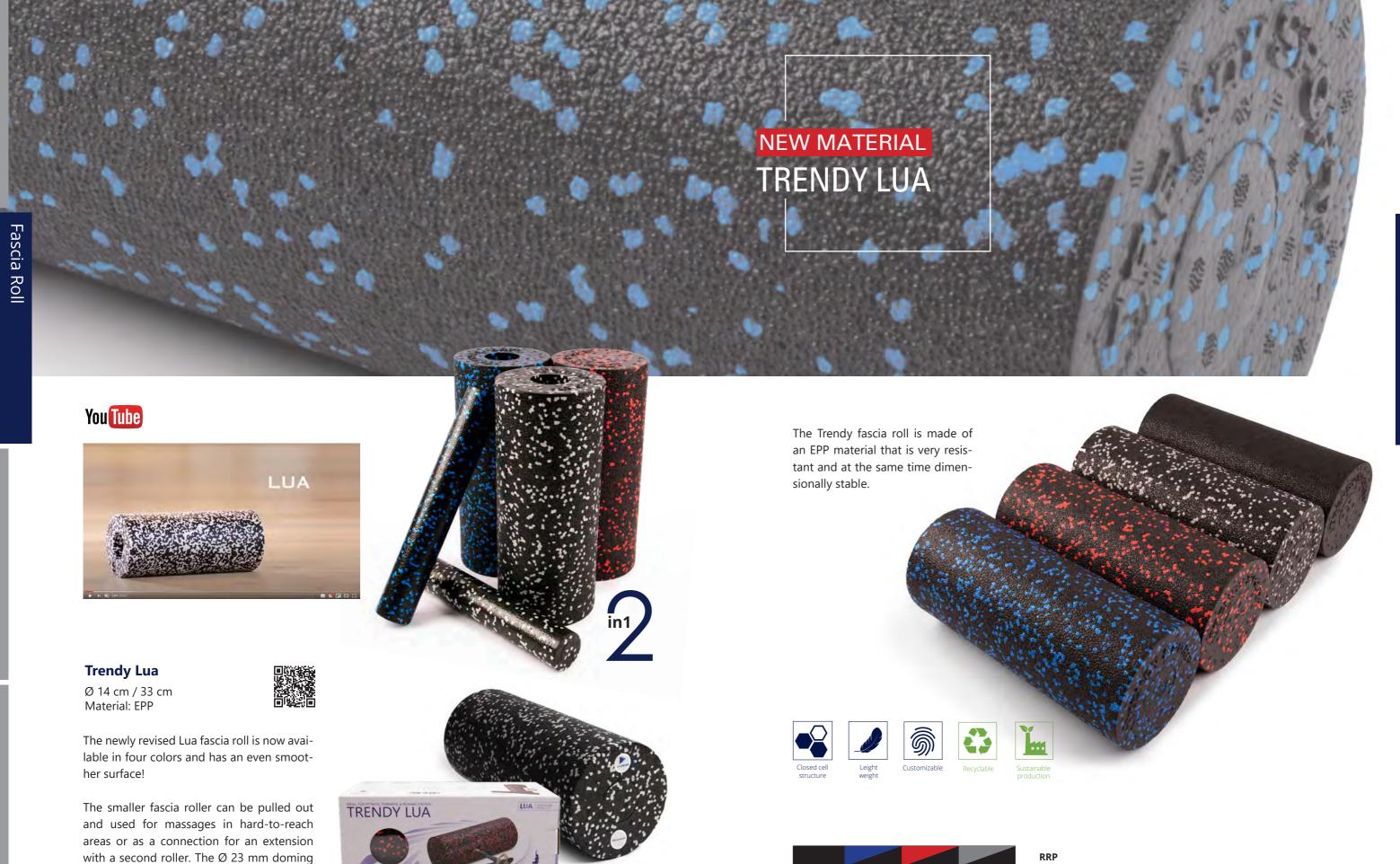






Incl. sales packaging





9115R 9115GR

9115B

14,90 €

TRENDY SPORT®

can be customized on request.

Incl. new sales packaging





Our Lua Mini fascia roll is also available as a set together with the Bola S fascia ball. The domings can be customized on request.



Incl. sales packaging





Art. No. 9108A 15 cm x Ø 5,5 cm Material: EPP

The robust Trendy Lua Mini fascia massage roller with its smooth design provides excellent trigger point therapy and a complete muscle massage. The Trendy fascia roll consists of an EPP material that is very robust and dimensionally stable. The handy roll is also very practical on the go and can therefore be opti-

mally integrated into everyday life. The \emptyset 12 mm doming can be customized on request.



Incl. new sales packaging

				RRP
9108A	9108B	9108R	9108GR	4,90 €



Fascia Ball Bola

Article No. 9116 Sizes: Ø 6cm / Ø 8 cm / Ø 10cm Material: EPP

The fascia ball series was mainly developed for the self-treatment of trigger points and tension. With the help of the compact size, even small, deeper and therefore difficult to reach tensions in fascia and muscles can be achieved. This means that trigger point therapy can be used, which is especially important today. Our body is exposed to a lot of stress every day, which is mainly due to an often unfavorable work posture, too little exercise or too much stress. As a result, unilateral stress can occur in muscle and fascia tissue, causing the cells to begin storing more fibers. The consequences should not be underestimated as the tissues become denser and harder, which reduces blood flow. This allows shortened and com-

pressed muscle areas to form within a muscle, the so-called trigger points. These can spread to other parts of the body and cause severe pain there. With the help of constant pressure and regular use of the fascia balls at these points, the tissue can be relaxed and the trigger points released. Choose the right size for your fascia ball and determine the intensity of your massage yourself!

					RRP
Bola S	9116S	9116SB	9116SR	9116SGR	3,90 €
Bola M	9116M	9116MB	9116MR	9116MGR	4,90 €
Bola L	9116L	9116LB	9116LR	9116LGR	5,90 €

Fascia Ball Bola Colour

Sizes: Ø 6cm / Ø 8 cm / Ø 10cm Material: EPP

Now the fascia ball is also available in gray, blue and red in all three sizes. The doming can also be customized on request.



Bola S Ø 6 cm













TRENDY SPORT®



Fascia Ball Dupla & Dupla XL

Art. No. 9110, 9110XL Material: EPP

The Dupla fascia ball combines two fascia balls in one and thus enables a massage of parallel muscle strands.







Fascia Ball Dupla hard

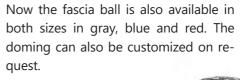
Art. No. 9110 16 cm / Ø 8 cm



Fascia Ball Dupla XL Art. No. 9110XL

24 cm / Ø 12 cm

					RRP
Trendy Dupla	9110	9110B	9110R	9110GR	5,90 €
Trendy Dupla XL	9110XL	9110XLB	9110XLR	9110XLGR	7,90 €

















Incl. new sales packaging



Fascia Ball Tres Forca

Art. No. 9113 Slize: Ø 6,5 cm Material: PVC

Trendy Tres Forca was specially developed for the self-treatment of trigger points and tension. The shape allows even small and deeper • tensions in fascia and muscles to be worked on well. The intensity of the pressure exertion can • be determined individually. There are also two • different degrees of hardness to choose from. •

Targeted and regular pressure applications can • help to gently release tension, which can have a positive effect on pain relief.

- Targeted self-massage for small and difficult to reach places
- Intensity through own pressure exertion and 2 degrees of hardness
- Punctual advance of deep tension
- Trigger points can be edited easily
- Versatile to the head, temple, arms, legs, neck and more
- Convenient for on the road, handy
- Loosen and strengthen bonded fascias



Due to one-sided stress in the muscle and fascia tissue, permanently shortened and thickened muscle areas from within the muscle, the trigger points, which can be very painful. Constant pressure on these trigger points leads to the relaxation of the tissue.

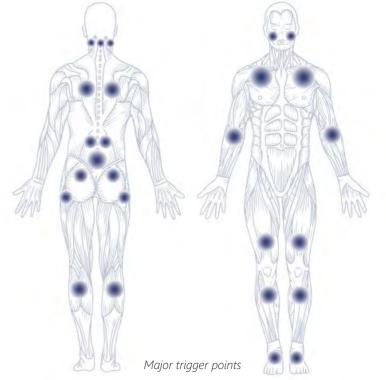




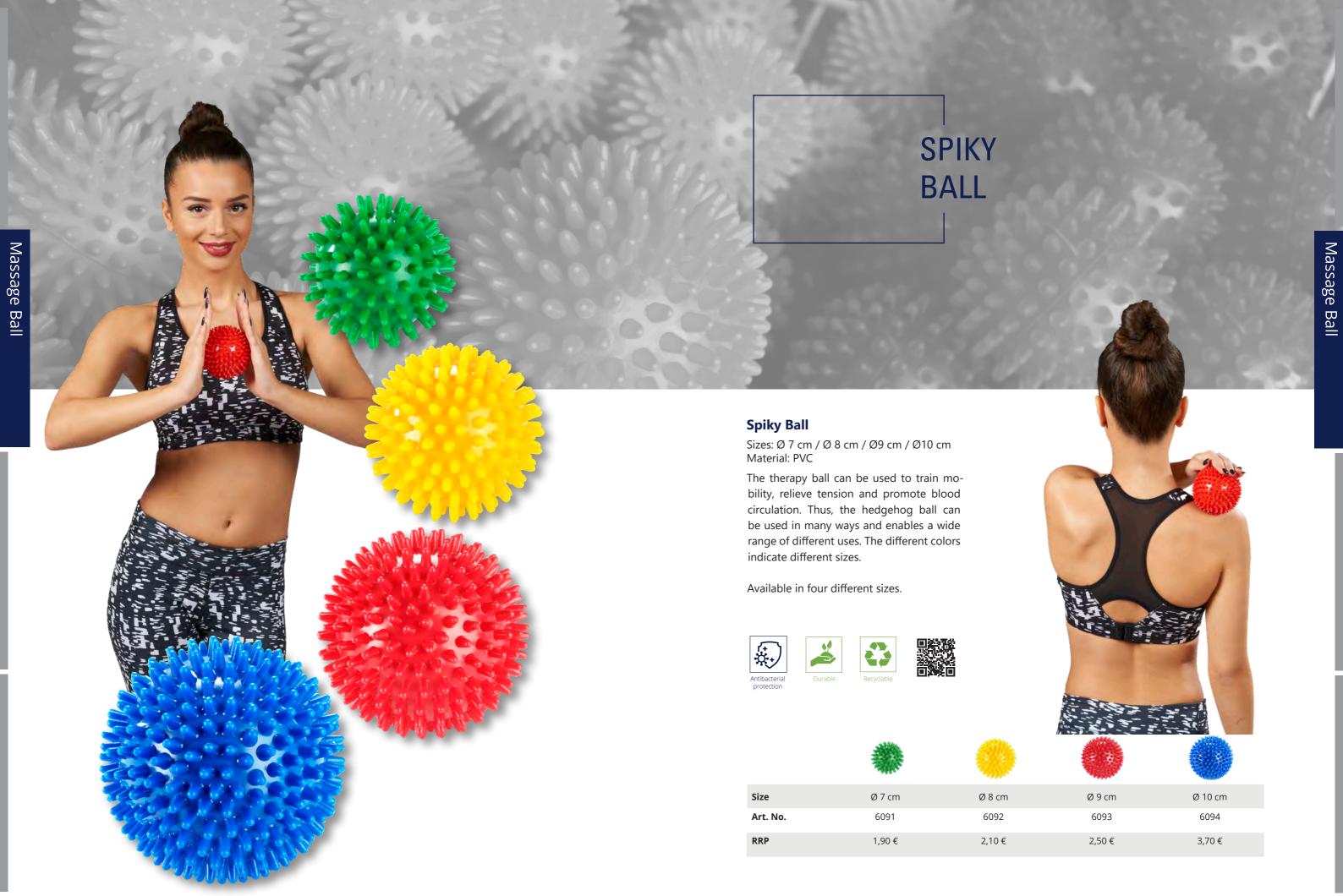


You Tube











The Ø 65 cm Bureba ball was specially developed for home training. The printed exercises provide the user with exercise examples. The Bureba® ball is burst-proof and available in five different colors. Delivery including pump.





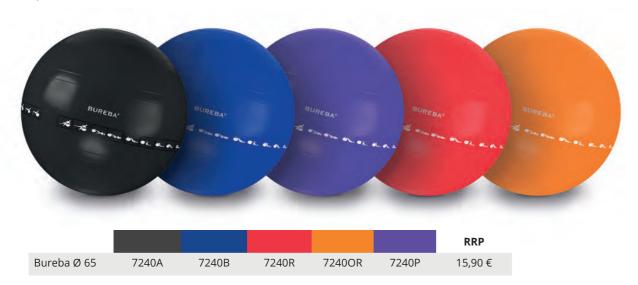








Incl. new sales packaging and pump



BURST RESISTANT BALL

Bureba® Ball Professional

Art. No. 7030, 7040, 7050 Material: PVC 6P free



Now transparent available

The Bureba® Ball Professional can be used both as a training device and as a sitting ball. The exercise ball is particularly suitable for strengthening the upper body and core muscles and also improves posture and balance. With different exercises in standing, sitting, lying down or on your back, the different muscle groups can be addressed and the intensification of the training adjusted. The exercise ball meets extremely high safety require-

ments. The load limit is 120kg and thanks to the burst system, the ball cannot burst even if it is damaged with sharp objects.

The Bureba® Professional is available in three sizes and four colors as well as transparent and can be inflated and regulated individually with each pump.









Size						RRP
Bureba Prof Ø 55	7030T	7030A	7030SG	7030B	7030R	15,90 €
Bureba Prof Ø 65	7040T	7040A	7040SG	7040B	7040R	17,90 €
Bureba Prof Ø 75	7050T	7050A	7050SG	7050B	7050R	19,90 €



Incl. new sales packaging and pump



Trendy Cadeira Ovo

Art. No. 6001 Material: PVC (Ball), ABS (Chair) Max. Weight capacityt: 150 kg

An extra wide seat provides additional comfort. In addition, flexible freedom of movement, e.g. at the desk and the Trendy Cadeira Ovo is particularly suitable for stretching exercises, since the ball can be used individually. The backrest is individually dismantled. The seat ball can also be used in detail without any problems.

Possibility of height adjustment when purchasing the Trendy Cadeira Ovo extension.

Ball, pump and instructions included.













Bureba® Stacking system

Art. No. 6024 Size: 10 cm / Ø 31 cm Material: PMMA



Ball bowl

Art. No. 6022 Ø 45 cm



Hand pump

Art. No. 6021



	Art. No.	RRP
Hand pump	6021	3,90 €
Ball bowl	6022	14,90 €
Stacking system	6024	15,90 €
Bureba Rack	6023	199,90€



Bureba® Rack

Art. No. 6023 For 10 Bureba® 55 cm Hight 195 cm / Ø 100 cm Material: Steel, coated



Trendy Cadeira Ovo Extender Set

Art. No. 6011 Material: ABS

The foot extension for the Trendy Cadeira Ovo offers you an additional firm stand when performing various exercises.

	Art. No.	RRP
Cadeira Ovo	6001	99,90 €
Extender Set	6011	15,90 €





BAMUSTA® PLACA & JAQUE

Bamusta® Placa

Art. No. 9007A 60 x 39 x 10 cm Material: EVA, Plywood



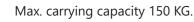
The Bamusta Placa has a safe and solid contact to the ground due to its four non slip corner feet. The flexible feet create a gentle but challenging coordination of movements. It's ideal for the early build-up of muscles. The large surface allows a variety of postitions for foot, hand and sitting. Bamusta Placa for early rehabilitation and balance training. This board is best to employ for therapy and rehabilitation. You achieve a gentle build-up of muscles; enhances the balance, coordination and mobility.

Advanced --Beginer --Rehabilitation
Therapy

For the rehabilitation and therapy area. 4 non-slip corner feet



Advanced







Closed cell structure

















	Art. No.	RRP
Bamusta® Placa	9007A	85,90€
Bamusta® Jaque	9010A	73,90 €

Bamusta[®] **Jaque**

Art. No. 9010A 60 x 39 x 8,5 cm Material: EVA, Plywood

With its rounded foot the Bamusta Jaque encourages an even higher challenging mobility coordination in the ambitious use and is ideal for the continuous build-up of muscles. The large surface allows a variety of positions for foot, hand and sitting. With this board you achieve an optimal balance, coordination, mobility and a good physical condition for sports. Be fit with the balance-kick!

Max. carrying capacity 150 KG.







Incl. sales packaging

Balance Board



Max. carrying capacity 150 KG.

Incl. sales packaging

Bamusta® Tablero

Art. No. 9008A 60 x 39 x 13 cm Material: EVA, Plywood



With its high center foot the Bamusta Tablero encourages an even higher challenging mobility coordination in the ambitious use and is ideal for the continuous build-up of muscles. The large surface allows a variety of positions for foot, hand and sitting. With this board you achieve an optimal balance, coordination, mobility and a good physical condition for sports. Fit with the balance-kick!

Max. carrying capacity 150 KG.

You Tube



	Art. No.	RRP
Bamusta® Circulo	9009A	59,90 €
Bamusta®Tablero	9008A	73,90 €







Incl. sales packaging



Balance Board





Trendy Ponte

Art. No. 9117 Size: 31 x 29 x 9,5 cm Material: EVA

Trendy Ponte offers you through its two-sided Possible uses a very extensive spectrum of possible uses. With the help of the pointed elevations and the depression in the middle, the board can be used particularly well for fascia training. Above all, the supine position, in which pressure is created by lowering the pelvis, is particularly effective in mobilizing, stretching and strengthening the lower back. Not only can the trigger points be determined individually, but a massage effect can also be created. But the effects can also be felt during fascia training while standing, as the foot is mobilized and the

balance is strengthened. In addition, the calf is stretched, the foot lift and balance are trained. The Trendy Ponte is not only suitable for fascia training, but also for the fitness area. It can be used as a rocker crosswise or lengthways to bring yourself off balance through conscious movements. A particular success is achieved in the areas of stabilization, balance and stretching.













Art. No. Trendy Ponte





Incl. new sales packaging

Bamusta Dois®

Art. No. 9092 Ø 42 x 9 / 5,5 cm Material: PP

The special thing about Bamusta Dois Board is that you have two boards in one, because to make the exercise easier in seconds, you just have to remove the foot on the underside of the board, which in turn changes the load. Here you not only train your balance, coordination and flexibility, but also your body control.



Art. No.

Bamusta® Dois

9092





RRP

19,90€









Incl. new sales packaging



■ INDEX

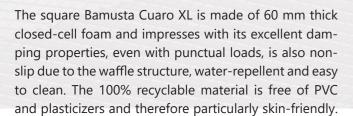


NEW DESIGN **BAMUSTA®**

RANDSTA. Bamusta® Cuatro XL

Art. Nr. 9000AXL/9000BXL 48 x 48 x 6 cm Material: TPE

Balance Pad



As soon as the user steps on the Bamusta Cuatro XL, he automatically begins with the balance training. Its weight creates compression, which immediately demands coordination and balance of the user.

Incl. sales packaging

RRP 49,90 €

max. carrying capacity 300 KG

Matching accessory: Picata Acupressure cover For more details see p.28.



Cuatro XL.



The quadrangular Bamusta Cuatro is

made from 60 mm thick closed cellular

foam material with the same excellent

product characteristics as the Bamusta

Bamusta[®] Cuatro

Art. No. 9000 48 x 39 x 6 cm Material: TPE











Incl. sales packaging

3AMUSTA CUATRO

9000AXL	9000BXL

				RRP
9000A	9000B	9000R	9000GR	39,90€



ture here is the air regulation by means of a needle achieves a new form of sitting. Of course, the Bavalve thus the air level in the pillow can be adjusmusta Coxim can also be integrated into a training ted individually. The seat cushion consists of two session in order to achieve more body tension and smooth sides. balance. Pump included!

RRP 9191A 9191B 9191R 9191GR 15,90 €



NEW DESIGN **BAMUSTA®** COXIM



Art. No. 9190 Ø 33 cm / Weight 0,9 KG Material: PVC 6P free

With its air cushion, the Bamusta®Coxim very comfortably transmits all movements. The special thing here is the air regulation by means of a needle valve, so that you can adjust the air level in the pillow as you like.

The seat cushion consists of a smooth and a nopped side. The decision whether to sit on the smooth or nopped side of the seat cushion is also up to the user. This product not only trains the back muscles and promotes an upright sitting posture, but also achieves a new form of sitting and balance. Of course, the Bamusta Coxim can also be integrated into a training session in order to achieve more body tension and balance. Pump included!







max. carrying capacity 300 KG

Incl. pump







TRENDY SPORT®

Balance Cushion

INDEX



Premium Power Sleeve Tube

Lenght: 160 cm

Material: Latex, PP (sleeve, webbing) NBR (handle)

The Power Sleeve Tubes are characterized by their high applicability mainly in the areas of fitness, rehabilitation and aerobics. They are mainly used for stretching of the upper body and the legs. You will achieve particular success in building muscles and in improving your overall fitness and posture.

The high quality material such as the nylon cover and the tight connection between handle and tube is preventing the tube from wear out and that's the correct foundation to reach your goals even faster.









Strength	Light	Medium	Heavy	X-Heavy
Art. No.	69811	69812	69813	69814
RRP	15,90 €	17,90 €	19,90€	21,90 €



Premium Gym Tube

NEW MATERIAL

PREMIUM

GYM TUBE

Lenght: 140 cm Material: Latex, NBR (handle), PP (webbing)

The original Tubes by Trendy Sport are suitabl to build up muscles in rehabilitation as well as for Aerobics. They are used for stretching exercises for upper body and legs. Stimulates the muscle building, improves the fitness and body alignment.









Art. No. 67010 65 x 65 x 172 Material: Steel, coated



With the help of the Trendy Tube Rack, you can easily store up to 140 Trendy Tubes in an organized and space-saving manner.

Strength	Light	Medium	Heavy	X-Heavy	Flex Tube Rack
Art. No.	68811	68812	68813	68814	67010
RRP	6,40 €	7,00 €	7,60 €	8,20 €	159,90 €



■ INDEX





Hip Loop

Material: 60%Nylon, 40%Latex Inside: Silicone coating

The new Hip loops can be used for versatile training of individual muscle groups - ideal for strengthening and stretching. The loops made of 60% nylon and 40% latex are very skin-friendly and can also be washed. The insid silicone-coating has excellent anti-grip properties, which ensures a secure hold during training.

The Hip loop is available in three different strengths, which you can easily recognize by the different colors.









	Art. No.	RRP
Hip Loop Light	69911	7,90 €
Hip Loop Medium	69912	9,90€
Hip Loop Heavy	69913	11,90€





Anti-slippery silcone coating

Loops



Trendy Tone Loops

30 x 5 cm Material: Rubber



The Tone Loops are equally suitable for building muscle in rehabilitation and aerobics and for versatile training of individual muscle groups.

The Tone Loops have no seam and are therefore extremely hard-wearing and safe. The different colors of the tone loops indicate different levels of difficulty.









Art. No. RRP Tone Loop X-Light 67080 1,38€ Tone Loop Light 67081 1,58 € Tone Loop Medium 67082 1,98€ 2,38€ Tone Loop Heavy 67083 Tone Loop X-Heavy 67084 2,58€ Tone Loop XX-Heavy 67085 2,78€





Traction 6,8-9 KG Thickness: 0,35 mm

for Rehabilitation

Traction 9-11 KG Thickness: 0,5 mm for Rehabilitation

Traction 11-13,5 KG Thickness: 0,7 mm

for Aerobics and Rehabilitation

Traction 13,5-15,8 KG Thickness: 0,9 mm for Aerobics and Rehabilitation

Traction15,8-18 KG Thickness: 1,1 mm for a musculature already trained

Traction 18-20 KG Thickness: 1,3 mm for a musculature already trained

TRENDY SPORT

TRENDY SPORT

TRENDY SPORT

TRENDY SPORT

TRENDY SPORT®

◆ INDEX



ONE RESISTANCE
HUNDREDS OF WELL WELL
WIDTH: 45MM



Rubber Band

Length: 105 cm Material: Rubber

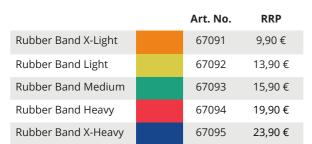
The Trendy Rubber Band produces a great effect despite its simple application, because you can train almost all muscle parts.

The tape is also very useful for rehabilitation or aerobics. The rubber tapes have no seam and are therefore extremely hard-wearing and safe. The different colors indicate different levels of difficulty.













Incl. new sales packaging

Traction 7-15 KG Thickness: 13mm for Rehabilitation

Traction 14-27 KG Thickness: 17mm for Rehabilitation

Traction 11-29 KG Thickness: 21mm for Aerobics and Rehabilitation

Traction 18-32 KG Thickness: 26mm for Aerobics and Advanced

Traction 15-38 KG Thickness: 32mm for a musculature already trained

Traction 22-56 KG Thickness: 45mm for a musculature already trained









Trendy Limite Roll

25 m x 15 cm Material: Natural Latex

Trendy Limite is a 25 meter long fitness band that you can individually cut to the required length and can therefore be adapted extremely flexibly to different requirements and exercises.

- Length of 25 meters for self-cutting
- Delivered in the Trendy Limite box with slot
- High quality material
- Extremely elastic

















2,5 m x 15 cm Material: Natural Latex

The extremely elastic band made of skin-friendly natural rubber is suitable for gentle muscle building and stretching in the rehabilitation and fitness area. It also promotes flexibility and coordination.

The limit band has a progressive pull resistance and is available in six different resistances and colors, which means that you have the perfect choice for your level of training and opportunities for improvement.





Trendy Limite X-Light

Trendy Limite Medium

Trendy Limite Heavy

Trendy Limite X-Heavy

Trendy Limite XX-Heavy

Trendy Limite Light





Art. No.

67170

67171

67172

67173

67174

67175



LIMITE

RRP	
5,90€	
6,50€	
7,10€	
7,70€	
8,30€	
8,90€	



100% NATURAL LATEX

ROLL & BAND

Incl. new sales packaging





Secure seams

LACADA

Anti-slip handles



Numbered belt



Stainless steel carbine

TRENDY SPORT®

Trendy Lacada

Art. No. 5060 Max. length: 2,6 m, 38 cm wide Material: Nylon (strap), stainless steel (carabiner), Neoprene (pad in foot sleep)

The Trendy Lacada suspension trainer is a full-body training device for fitness, physiotherapy or home training which, with the help of your own body weight and high body tension, addresses all muscle groups extremely effectively and trains strength, coordination and flexibility. With variable leverage and height settings, Lacada offers a very large selection of exercises while standing, sitting or lying down. Lacada can be attached to a ceiling suspension (not included) or, in the private sector, can also be clamped in the door frame using the supplied clamp fastening.

The soft neoprene pad on the foot straps provides additional comfort. Along with our non-slip handles, secure double seams and high-quality stainless steel carabiners we offer you a training device of the highest quality!







Ceiling Mount

Art. No. 8107 (not included)





also for private areas: clamping in the

	AIL NO.	KKF
Trendy Lacada	5060	59,90 €
Ceiling Mount	8107	9,90 €



Incl. sales packaging



Suspension Trainer





Bauchroller Bariga Ø 17 cm, 25 cm

Ø 17 cm, 25 cm Material: Stahl, PP, PVC, TPR

The Bariga abdominal roller is the ideal training accessory for even more intensive abdominal muscle training.

In addition to the abdominal muscles, the back, buttocks, arm and leg muscles as well as coordination and body tension are addressed. The training device is suitable for advanced users who already have a certain body stability. Thanks to its compact design, the ab roller is not only suitable for the fitness area, but is also always ready for use on the go. The scooter can be easily disassembled by pulling off the rubber grip caps and stowed away even smaller.









The handles offer thanks to the corrugation and the grooves a secure hold during training and that rubberized profile wheel ensures a comfortable and padded run.



9905 13,90 €

RRP

Art. No.

CHICOTE

Swing Stick Chicote

Art. No. 9099 (red) / 9099A (anthracite) Lenght 158 cm / Weight 0,75 KG Material: Fiberglass, TPR

The Chicote Swing Stick is characterized by its various uses and applications. It is particularly popular in the areas of aerobics, stabilization and rehabilitation.

There is also a particularly positive effect in terms of stability, balance, muscle strength and endurance. The high quality of the rod ensures a high level of security. The handles are washable, which ensures a high level of hygiene. Benefit from the dynamics that the rod creates.



Art. No.

9099

9099A

5011

RRP

15,90 €

158,00€

Chicote Red Chicote Anthracite Chicote Rack



TRENDY CHICOTE

washable handles

Chicote Rack

30 x 35 x 120 cm

Art. No. 5011 For 20 Chicote

Swing Stick



Stepper Etapa

Art. No. 9095 90 x 35 cm / Weight 7,5 KG Material: PP, TPE, ABS

With the Stepper Etapa, depending on the exercise, you mainly train your legs, stomach, back, arms and

Above all, coordination and condition are improved. The stepper is particularly easily 3-way height adjustable thus depending on the fitness level or exercise you can choose between a height of 15 cm, 20 cm or 25 cm. The non-slip surface and the rubber feet also guarantee a firm and secure stand on the stepper.

- Compact and stackable design
- Easy height adjustment
- Non-slip surface
- 3 adjustable heights 15, 20 and 25 cm
- Spare parts available
- Logo printing possible











max. carrying capacity 250 KG TRENDY ETAPA

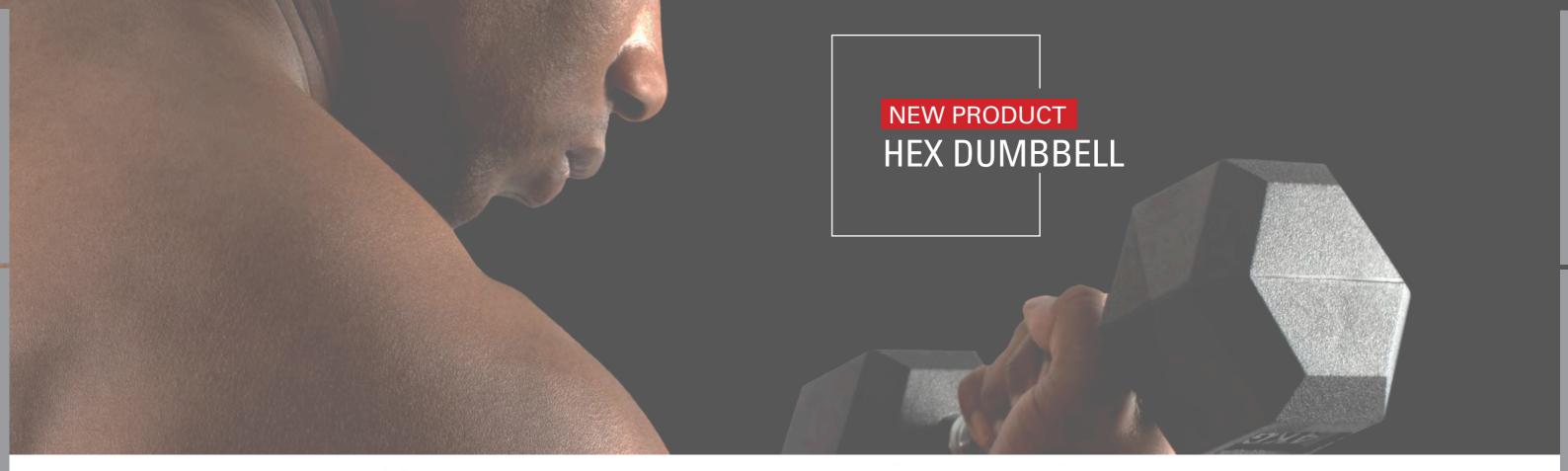




	711 61 1101	
Etapa	9095	99,90€
Etapa Feet	9095F	1,98 €
Etapa Clip	9095C	1,58 €











Matching dumbbell pyramid Art. No. 2090W for 10 pairs of hex dumbbells see page 94

	1 kg	2 kg	2,5 kg	3 kg	4 kg	5 kg	6 kg	7 kg	7,5 kg	8 kg
Art. No.	2081010	2081020	2081025	2081030	2081040	2081050	2081060	2081070	2081075	2081080
RRP	4,60 €	9,20 €	11,50 €	13,80 €	18,40 €	23,00€	27,60 €	32,20 €	34,50 €	36,80 €
	9 kg	10 kg	12,5 kg	15 kg	17,5 kg	20 kg	22,5 kg	25 kg	27,5 kg	30 kg
Art. No.	2081090	2081100	2081125	2081150	2081175	2081200	2081225	2081250	2081275	2081300
RRP	41,40 €	46,00€	57,50€	69,00€	80,50 €	92,00€	103,50 €	115,00€	126,50€	138,00€



Hex Dumbbell

1 Kg - 30 Kg Material: Chromed steel, Rubber

The high-quality hexagonal shaped dumbbells are available in 20 sizes from 1 kg to 30 kg and therefore offer the right weight for every training level.

The hexagonal shape makes the dumbbell even more robust and prevents it from

rolling away. Together with the ribbed chrome-plated handle, the Hex Dumbbell offers even more comfort and safety during training. The rubber coating already covers both the barbell and the floor.



TRENDY SPORT®

Hex Dumbbells

■ INDEX





Pyramid

Art. No. 2090W / 2090SG For 10 pairs of chrome dumbbels 73 x 59 x 155 cm Material: steel, coated

With the help of the barbell rack, you have an orderly storage system and a high level of security. Fits ten pairs of chrome dumbbells.

Available in white and anthracite.







Art. No. 2080 1 KG to 10 KG in pairs Material: Chromed steel

The dumbbells allow an enormous range of different exercises, whereby you can decide for yourself which muscle groups you want to train. Thanks to the ergonomic, corrugated handle, the dumbbells are particularly comfortable to hold and are therefore extremely slip-proof, even when sweaty. The chrome dumbbells can easily be cleaned with water or disinfectant.







	Art. No.	RRP
Dumbbell Set 1 kg - 10 kg in pairs	2080	770,00 €

	1 kg	2 kg	3 kg	4 kg	5 kg	6 kg	7 kg	8 kg	9 kg	10 kg
Art. No.	2070	2071	2072	2073	2074	2075	2076	2077	2078	2079
RRP	7,00 €	14,00€	21,00€	28,00 €	35,00€	42,00€	50,00€	56,00€	63,00 €	70,00 €



Chrome Dumbbells

■ INDEX



0,5 KG 36 x 12 cm

1 KG 36 x 13 cm

1,5 KG 40 x 14,5 cm

2 KG 41 x 15,5 cm

2,5 KG 47 x 16,5 cm

3 KG 49 x 18 cm

NEW MATERIAL

Weight Cuffs

1 Kg - 3 Kg Material: Nylon jersey Filling: Sand

With our new hand and foot weights in six weight levels, you can effectively intensify your training by increasing the load. The Velcro fastener ensures a secure hold and stability during training and is quickly adjustable. The weight cuffs are suitable for training in fitness, therapy and rehabilitation. Our polyester product is easy to care for and has a high quality finish, is sewn twice and filled with sand.

Convince yourself of the durability and quality of our weight cuffs!













0,5 Kg - 5 Kg Material: Stahl, Vinylbeschichtet

The vinyl dumbbells are durable and water-repellent, vinyl-coated and lie comfortably in the hand. The hexagonal shape prevents it from rolling away and the vinyl coating ensures a firm grip and is odorless. Different weight classes enable an individual improvement in performance.









Suporte

Rack for 60 Vinyl Dumbbell (0,5 - 5 KG) 56 x 75 x 145 cm Material: Steel, coated

The rack with different spacing can optimally accommodate any vinyl dumbbell size.















Weight	0,5 kg	1 kg	1,5 kg	2 kg	3 kg	4 kg	5 kg	
Art. No.	2021	2022	2023	2024	2025	2026	2027	2020SC
RRP	2,50 €	5,00€	7,50€	10,00€	15,00€	20,00€	25,00 €	259,00

Weight

Art. No.

RRP



Art. No. 6450 120 cm x 52 x 75 cm Suitable for all Kettlebells

Kettlebell Rack

strength and overall fitness. You can combine kettlebells with your exesting workout to increase your gains. Especially in workouts for your body center, back and hip the strengths of the kettlebells are shown.

	8	8	8	8	8	8	8		
Weight	4 kg	6 kg	8 kg	10 kg	12 kg	16 kg	20 kg	24 kg	
Art. No.	6404PR	6406PR	6408PR	6410PR	6412PR	6416PR	6420PR	6424PR	6450
RRP	27,90€	41,90 €	55,90€	69,90 €	83,90 €	111,90€	139,90€	167,90€	278,00 €

Kettlebells



	9	8	8	8	8		8	8	8	8	8
Weight	4 kg	6 kg	8 kg	10 kg	12 kg	16 kg	20 kg	24 kg	28 kg	32 kg	36 kg
Art. No.	6404	6406	6408	6410	6412	6416	6420	6424	6428	6432	6436
RRP	23,90 €	35,90 €	47,90 €	59,90 €	71,90 €	95,90 €	119,90€	143,90 €	167,90€	191,90€	215,90 €





Total weight: 18,5 kg











• 2x Secure shutter

1,25 kg Weight Disc • 2x 2,50 kg Weight Disc 2x

• 2x 5,00 kg Weight Disc



1,25 kg

Inner Ø 30mm Outside Ø 21cm Thickness 1,5cm



2,5 kg

Inner Ø 30mm Outside Ø 23cm Thickness 2cm



5 kg

Inner Ø 30mm Outside Ø 26cm Thickness 3cm



Secure shutter

Trendy Premium Bar RS - 1 KG

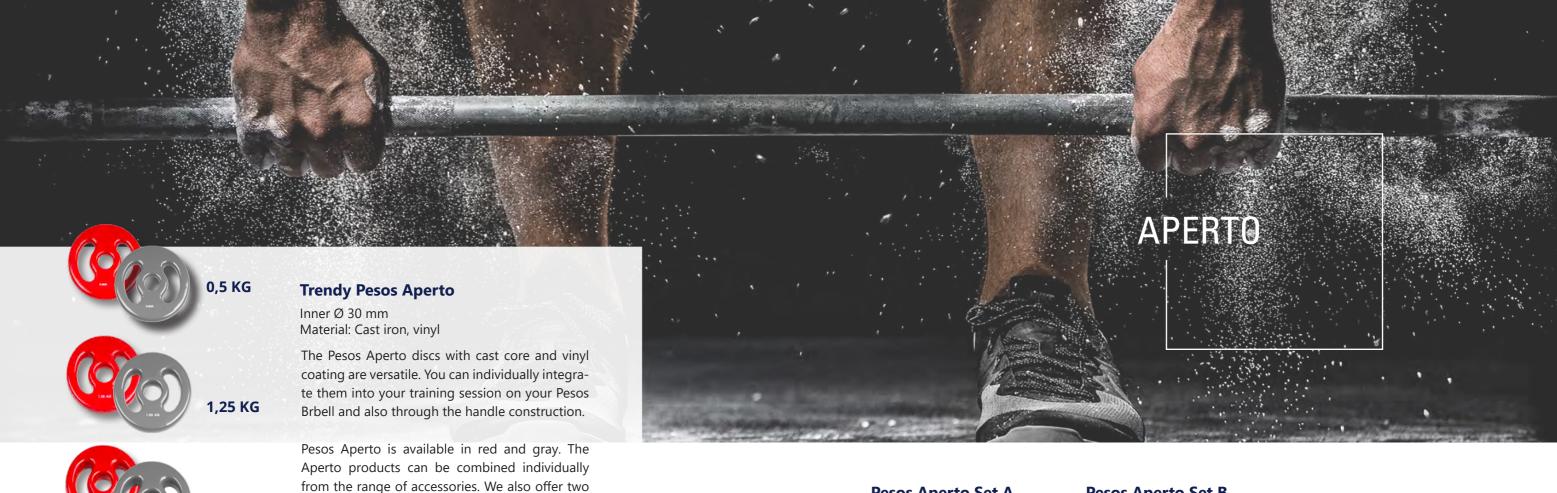
Ø 28mm / max. length 21cm / adapter length 17 cm / max. weight capacity 70 KG

Art. No.	RRP
2050PR	159,90€
2061	298,00€
2059	9,90€
	2050PR 2061



Premium Pump Set Rack

Art. No. 2061 For 20 Premium Pump Set RS Material: Steel, coated





different sets.



Pump Set





Spring Locks

Art. Nr. 2058



Art. Nr. 2057 140 cm / Ø 28 mm Weght: 1 KG



Rack

Art. No. 2060 For 16 Pesos Aperto 56 x 75 x 145 cm Material: Steel, coated



Also suitable: Premium Pump Set Rack Art. No. 2061

Pesos Aperto Set A

Red: Art.-No. 2050 Grey: Art.-No. 2050GR Total weight: 18,5 kg

- 2x vinyl plates 1,25 kg
- 2x vinyl plates 2,5 kg
- 2x vinyl plates 5 kg
- 1x barbell 140 cm
- 2x spring locks

Pesos Aperto Set B

Red: Art.-No. 2051 Grey: Art.-No. 2051GR Total weight: 9 kg

- 2x vinyl plates 0,5 kg
- 2x vinyl plates 1,25 kg
- 2x vinyl platesn 2,5 kg
- 1x barbell 140 cm
- 2x spring locks

	Art. No.		RRP
Pesos Aperto Set A	Grey 2050GR	Red 2050	109,90 €
Pesos Aperto Set B	Grey 2051GR	Red 2051	79,80 €

Weight	0,5 kg	1,25 kg	2,5 kg	5 kg	Bar	Spring Lock	Rack
Vinyl Plate Grey	2053GR	2054GR	2055GR	2056GR	2057	2058	2060
Vinyl Plate Red	2053	2054	2055	2056			
RRP	4,90 €	7,90 €	15,90 €	25,00€	29,90€	0,70 €	258,00€



Our new Aperto Trendy Sport polyurethane disks impress with their unique design - with the black matt surface, which is interrupted by gray sporty lines, they not only set new optical standards in weight training and fit on any barbell with a 50mm diameter. Thanks to the PU coating, the disks are extremely abrasion and scratch resistant and therefore very durable. The four integrated anti-slip handles ensure ergonomic handling.

The ATS disks are available in seven different weight levels from 1.25 KG to 25 KG.



Antibacterial





Weight 1,25 kg 5 kg 25 kg Art. No. 3010-0125 3010-0250 3010-0500 3010-1000 3010-1500 3010-2000 3010-2500 6,60€ 13,20€ 26,40 € 52,80€ 105,60€ 132,00€ 79,20€ RRP

TRENDY SPORT®

25KG

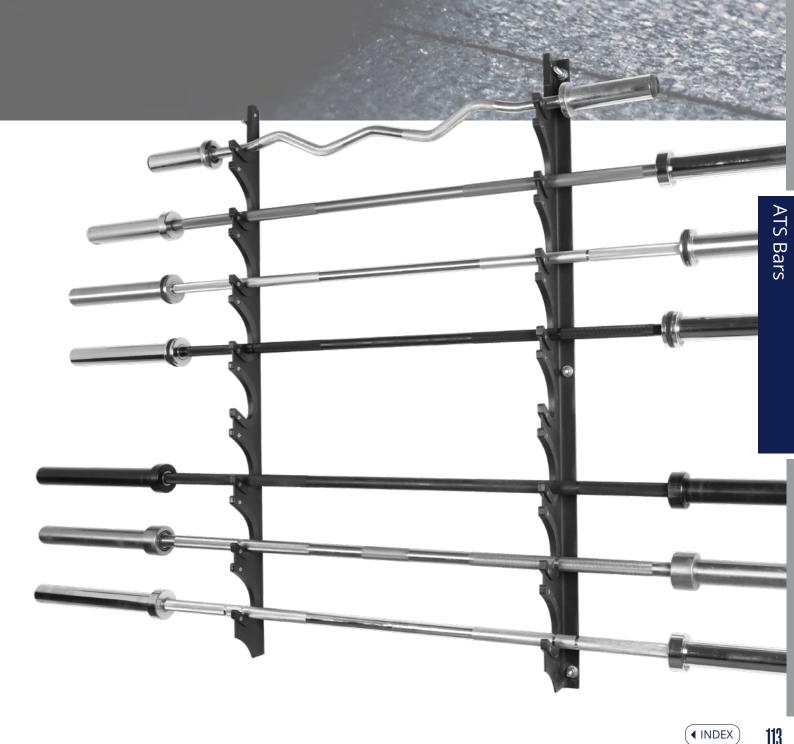
ATS - Training Bars

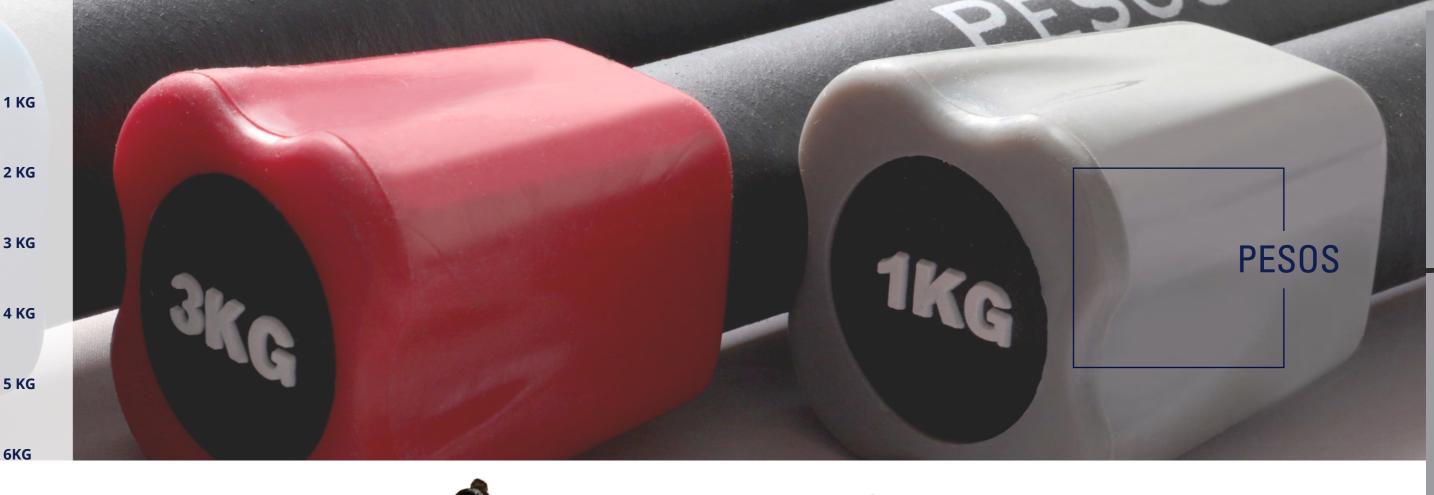
Diameter: Ø 50 mm Material: Steel

We also offer a large selection of training bars to match our ATS targets. You can choose between the SZ bar, two different training bars and a premium bar.

APERTO TRENDY SPORT

Product	ATS SZ Bar	ATS Training Bar	ATS Training Bar	ATS Training Bar	ATS Premium Bar	ATS Premium Bar
Description		Brass bushing without middle mark				
Art. No.	3021	3022	3023	3024	3025	3026
Length	1,2 m	1,85 m	2,2 m	2,2 m	2,2 m	2,2 m
Weight	10 KG	13,5 KG	20 KG	20 KG	20 KG	20 KG
Max. load	225 KG	225 KG	225 KG	225 KG	680 KG	680 KG
Finishing	Chromed	Chromed	Chromed	Black oxide	Chromed	Black oxide
RRP	99,90 €	139,90 €	179,90 €	179,90 €	219,90 €	210,90 €





Trendy Pesos Body Bar

Lenght 125 cm / Ø 30 mm Material: Cast iron, PU (head), tear-proof froam, rubber

The Pesos Body Bar is perfect for optimizing your workout and getting into your workout easily.

With the help of the different weight levels, which are colour-coded, you can adjust the weight exactly to your fitness level. A rubberized grip surface gives you a particularly good grip.



2 kg

5002

17,90 € 21,90 € 27,90 €

1 kg

7 KG

8 KG

9 KG

10 KG

Body Bar



3 kg





5kg

35,90 € 39,90 €



6kg







Art. No. 5011 For 16 Pesos Body Bar 30 x 35 x 120 cm Material: Steel, coated



	Art. No.	RRP
Body Bar Rack	5011	158,00€

TRENDY SPORT®

Weight

Art. No.

RRP





Trendy Esfera Bag

Hight 55 cm / Ø 24 cm Material: PVC Filling: Sand

The Esfera weight bag appeals to many muscle groups and can therefore be used in a variety of ways. The many handles and loops enable numerous training units. With the help of the self-selectable weight levels, an intensive training can be individually adapted to your own physical performance. The special thing about the Trendy Esfera Bags is that the sandbags they contain are not sewn, but glued, which makes them burst-proof. The sandbags can be easily exchanged via a zip opening. The different colors indicate different weight levels.



Weight Bags









Art. No. 5051-05 5051-10 5051-15 5051-20 5051-25 5051 RRP 59,90 € 73,90 € 83,90 € 89,90 € 103,90 € 298,00 €



Art. No. 5051 141 x 69 x 57 cm Material: Steel, coated

With the Esfera Bag Rack you can store your Trendy Esfera Bags neatly, space-saving and above all safely. For a maximum of five trendy Esfera Bags.



































Weight 3 kg 10 kg Art. No. 6304 6305 6306 6307 6308 6309 6310 RRP 57,90 € 63,90 € 69,90€ 79,90€ 89,90€ 99,90€ 119,90€ 139,90 €

Weight Art. No. 6601 6605 6606 6610 6211 RRP 95,90€ 159,90 € 25,90 € 33,90 € 39,90 € 43,90 € 49,90 € 55,90 € 63,90 € 73,90 € 83,90 €



Rubber Flooring Segura Interlocking

NEW PRODUCT

Rubber Flooring Segura Interlocking

100 x 100 cm | 1 m² Density: 1000kg / m³

Material: 100% recycled Rubber

With our Rubber Flooring Segura system, we offer you high-quality floor mats in five different thicknesses for your fitness and weight areas and thus and surface adhesion. maximum safety during training, effective noise reduction and optimal protection of your floor.

With a density of 1000kg /m³, our mats are extre- rasion resistance they are the perfect choice for mely hard-wearing and are particularly suitable for equipping professional fitness and weight training areas. Our long-lasting system in classic black consists of 100% recyclable and environmentally friendly rubber granulate. It is therefore pleasantly warm, comfortable and gives a joint-friendly running feeling.

Product characteristics

- Material: 100% rubber granulate
- Density: 1000kg / m3
- Sustainability 100% recycled material
- High abrasion resistance
- Anti-slip property
- Very good sound insulation
- Easy installation and cleaning
- Edge finish with elegant bevel



Thanks to the tooth system, the mats can easily be laid loosely and do not slip due to their high weight

The 100x100cm mats can be individually adapted to your room conditions and with their high abuse in fitness studios, playgrounds, kindergartens and much more. Tripping edges are avoided by the bevelled edge and corner strips and therefore offer additional safety and comfort. Create the right foundation for your fitness area NOW, because the premium material is tailored to the needs of your















Application area

- Gyms
- Cardio area
- Dumbbell area
- Aerobic area
- Practice and therapy rooms
- Playgrounds
- Kindergartens



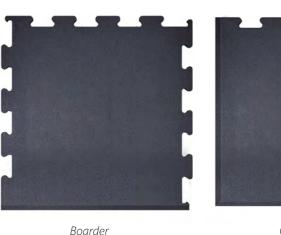
DENSITY 1000

1 cm und 1.5 cm thick mats are in stock.

All other sizes from a minimum order quantity of 50 pieces and delivery times of approx. 2-3 weeks. Thickness up to 5 cm available. Please contact us for more information.











NEW PRODUCT

Segura Interlocking Color 100 x 100 cm | 1 m²

Coloured mats can be ordered with a minimum quantity of 50 pieces and delivery time of 2-3 weeks.

Segura Interlocking Border & Corner

100 x 100 cm | 1 m²

We offer suitable end mats with a bevelled edge for the edging and corner edging. In addition to an elegant look, this also offers an additional safety aspect.

Borders and corners in 1,0 and 1,5 cm black are in stock.

All other sizes from a minimum order quantity of











50 pieces and delivery times of 2-3 weeks.

Thickness	Boarder Interlocking	Corner Interlocking	RRP	
1,0 cm	18110A	18210A	28,90€	
1,5 cm	18115A	18215A	23,00€	
2,0 cm	18120A	18220A	49,90 €	















Thickness								RRP
Segura Int. 0,6 cm	18006B	18006R	18006G	18006OR	18006P	18006Y	18006W	27,90 €
Segura Int. 0,8 cm	18008B	18008R	18008G	18008OR	18008P	18008Y	18008W	33,90€
Segura Int. 1,0 cm	18010B	18010R	18010G	18010OR	18010P	18010Y	18010W	23,00€
Segura Int. 1,5 cm	18015B	18015R	18015G	18015OR	18015P	18015Y	18015W	49,90€
Segura Int. 2,0 cm	18020B	18020R	18020G	18020OR	18020P	18020Y	18020W	49,90€

Thickness								RRP
Border 1,0 cm	18110B	18110R	18110G	18110OR	18110P	18110Y	18110W	23,00€
Border 1,5 cm	18115B	18115R	18115G	18115OR	18115P	18115Y	18115W	49,90 €
Border 2,0 cm	18120B	18120R	18120G	18120OR	18120P	18120Y	18120W	49,90 €
Corner 1,0 cm	18210B	18210R	18210G	18210OR	18210P	18210Y	18210W	23,00€
Corner 1,5 cm	18215B	18215R	18215G	18215OR	18215P	18215Y	18215W	49,90 €
Corner 2,0 cm	18220B	18220R	18220G	18220OR	18220P	18220Y	18220W	49,90 €

Rubber Flooring Segura

DENSITY 1100

NEW PRODUCT

Rubber Flooring Segura

100 x 100 cm | 1 m² Density: 1000kg / m³

Material: 100% recycled Rubber

The Rubber Flooring Segura system with straight edges has an even simpler look and blends in perfectly with the environment for various purposes.

Segura Boarder & Corner

100 x 100 cm | 1 m²

Density: 1000kg / m³ Material: 100% recycled Rubber

We offer suitable end mats with a bevelled edge for the edging and corner edging. In addition to an elegant look, this also offers an additional safety aspect.

Segura mats in 1,0 and 1,5 cm including boarders and corners are on stock.

All other sizes from a minimum order quantity of 50 pieces and delivery times of 2-3 weeks.

Thickness	Art. No.	RRP
Segura 1,0 cm	17010A	28,90 €
Segura 1,5 cm	17015A	23,00 €
Segura 2,0 cm	17020A	49,90 €

Thickness	Boarder	Corner	RRP
1,0 cm	17110A	17210A	28,90 €
1,5 cm	17115A	17215A	23,00€
2,0 cm	17120A	17220A	49,90 €









Segura Color 100 x 100 cm | 1 m²

Coloured mats can be ordered with a minimum quantity of 50 pieces and delivery time of 2-3 weeks. Thickness up to 5 cm available. Please contact us for more information.















Thickness								RRP
Segura 1,0 cm	17010B	17010R	17010G	17010OR	17010P	17010Y	17010W	23,00€
Segura 1,5 cm	17015B	17015R	17015G	17015OR	17015P	17015Y	17015W	49,90 €
Segura 2,0 cm	17020B	17020R	17020G	17020OR	17020P	17020Y	17020W	49,90 €

Thickness								RRP
Border 1,0 cm	17110B	17110R	17110G	17110OR	17110P	17110Y	17110W	23,00€
Border 1,5 cm	17115B	17115R	17115G	17115OR	17115P	17115Y	17115W	49,90€
Border 2,0 cm	17120B	17120R	17120G	17120OR	17120P	17120Y	17120W	49,90€
Corner 1,0 cm	17210B	17210R	17210G	17210OR	17210P	17210Y	17210W	23,00€
Corner 1,5 cm	17215B	17215R	17215G	17215OR	17215P	17215Y	17215W	49,90€
Corner 2,0 cm	17220B	17220R	17220G	17220OR	17220P	17220Y	17220W	49,90 €



high-quality floor mats in three different strengths for your fitness and weight areas and thus maximum safety during training, effective noise reduction and optimal protection of your floor.

With a density of 1100kg /m³, our Fina mats are even more durable and are particularly suitable for equipping professional fitness and weight training areas. Our long-lasting system in classic black in fitness studios, playgrounds, kindergartens and consists of 100% recyclable and environmentally friendly rubber granulate. It is therefore pleasantly

Product characteristics

- Material: 100% rubber granulate
- Density: 1000kg / m³
- Sustainability 100% recycled material
- High abrasion resistance
- Anti-slip property
- Very good sound insulation
- Easy installation and cleaning
- Edge finish with elegant bevel

Thanks to the tooth system, the mats can easily be laid loosely and do not slip due to their high weight and surface adhesion.

The 100x100cm mats can be individually adapted to your room conditions and with their high abrasion resistance they are the perfect choice for use much more.

Application area

- Gyms
- Cardio area
- Dumbbell area
- Aerobics area & gym
- Practice and therapy rooms
- Playgrounds
- Kindergartens

Thickness	Art. No.	RRP
Fina Int. 1,0 cm	20010A	37,90 €
Fina Int. 1,5 cm	20015A	47,90 €
Fina Int. 2,0 cm	20020A	57,90 €















Fina Boarder & Corner

100 x 100 cm | 1 m²

Density: 1100kg/m3 Material: 100% recycled Rubber

Tripping edges are avoided by the bevelled edge and corner strips and therefore offer additional safety and comfort. Create the right foundation for your fitness area now, because the premium material is tailored to the needs of your customers

Fina mats can be ordered with a minimum quantity of 50 pieces and delivery time of 2-3 weeks. Thickness up to 5 cm available. Please contact us for more information.

Thickness	Boarder Interlocking	Corner Interlocking	RRP
1,0 cm	20110A	20210A	37,90 €
1,5 cm	20115A	20215A	47,90 €
2,0 cm	20120A	20220A	57,90 €



Rubber Flooring Fina

DENSITY 1100



Rubber Flooring Fina

100 x 100 cm | 1 m²

Density: 1100kg / m³

Material: 100% recycled Rubber

The Rubber Flooring Fina system with straight edges looks even simpler and blends in perfectly with the environment for different applications.

Fina mats can be ordered with a minimum quantity of 50 pieces and delivery time of 2-3 weeks. Thickness up to 5 cm available. Please contact us for more information.











Thickness Art. No. Fina 1,0 cm 19010A 37,90€

19015A 47,90 € Fina 1,5 cm 19020A Fina 2,0 cm 57,90€





Fina Boarder & Corner

100 x 100 cm | 1 m²

Density: 1100kg / m³ Material: 100% recycled Rubber



We offer suitable end mats with a bevelled edge for the edging and corner edging. In addition to an elegant look, this also offers an additional safety aspect.

Thickness	Boarder	Corner	RRP
1,0 cm	19110A	19210A	37,90 €
1,5 cm	19115A	19215A	47,90 €
2,0 cm	19120A	19220A	57,90 €

Rubber Flooring ProFuTra

%SALE%

Rubber Flooring ProFuTra

Set 1 | 40,5 m² 3 Rolls a 900 x 150 x 0,6 cm

Weight/Set: 247,86 KG N.W. Material: 85% recycled Rubber and 15% EPDM

The ProFuTra series is the possibility to perfectly stage your own desired area for the training circle. Choose from numerous exercises which you would like to have printed on your training area and we will do the rest for you.

Of course, your own exercises can also be printed, making your training area unique! And the best of the square meter price always stays the same!

The set has a size of 9 x 4.5 m and thus consists of 3 rolls. You can also design your own training area, but the width must always be 1.5 m. Discover our practice examples!

The price shown is the qm² price.

ProFuTra mat is in stock.











Rubber Roll



Art. No. 12001W 2.395,95 €

TRENDY SPORT®











Roll

DENSITY 1000







Rubber Flooring Segura

Size in: Art. No. m x m x cm 10106A 218,00€ **10m** x 1m x 0,6 cm 8m x 1m x 0,8 cm 10108A 10110A 238,00 € **6m** x 1m x 1,0 cm

Rubber Flooring Segura Roll

Density: 1000kg / m³

Material: 100% recycled Rubber

The rubber floor Segura roller offers excellent walking comfort, is sound-absorbing and is gentle on the joints. The mat is made of 100% recycled rubber and is therefore not only hard-wearing and resilient, but can also be used in gyms and commercial areas. We offer the floor in three different sizes and in thicknesses of 6, 8 and 10 mm. We recommend gluing this floor. One roll corresponds to 10 m².

Available in three different sizes:

Rubber Flooring 1000 Roll 10m x 1m x 0,6cm

Rubber Flooring 1000 Roll 8m x 1m x 0,8cm

Rubber Flooring 1000 Roll 6m x 1m x 1,0cm

Segura Rolls can be ordered with a minimum quantity of 5 pieces and delivery time of 2-3 weeks.

■ INDEX





The Rubber Flooring floor coverings have been tested as follows and apply to:

- Rubber Flooring Roll (EPDM)
- Rubber Flooring TS Interlocking
- Rubber Flooring TS Laminated
- Rubber Flooring Fora
- Rubber Flooring Fundamento

- 1	le	S	t	e	a

Shore hardness ASTM D2240-05 (2010)

Tensile strength ASTM D412-06a (2013) Method A

Tear strength ASTM D624-00 (2012)

Compression set ASTM D395-03 (2008) Method B

Static coefficient of frication ASTM D2047-11

Relative volume loss ASTM D5963-04 (2010) Method A

Tests about material compositions

RoHs Directive 2011/65/EU IEC 62321:2008, ICP-OES

IEC 62321:2008, UV-Vis IEC 62321:2008, GC-MS

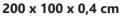
PAHs ZEK 01.-08 of German ZLS

Elementary Analysis US EPA Method 3052:1996

Safety Data Sheet 1907/2006/EC, 1272/2008/EC

VOCs ISO 16000-9:2006





8,16 KG N.W.

Material: 85% recycled Rubber + 15% EPDM

Rubber Flooring Fundamento is the perfect underground for different devices as for example spinning, treadmill, cross trainer and so on. It offers a great floor protection.

Fundamento mat is in stock.





RRP







Art. No.

16001W 59,90€

◆ INDEX



StudioLine Classico

100 x 100 x 1,4 cm (± 0,5 mm)

Hardness 60° - 65° Material: EVA

The point-elastic and joint-friendly Studioline Classico flooring is extremely resistant even under heavy use and is therefore perfectly suitable for fitness studios, therapy rooms and in the aerobic area. The floor covering reduces the development of noise and therefore creates a pleasant acoustic feeling of space. Laying even without instructions is extremely easy and can be done directly on any substrate without costly preparation. The antibacterial floor is also easy to clean with water. Studio-Line Classico offers a color selection between

four different colors and thus offers interesting combination options to individually upgrade your fitness area!

Product characteristics

- High quality, maximum comfort
- Point elastic
- Anti-germ
- Noise reducing
- Easy to clean without detergents (just with pure water)













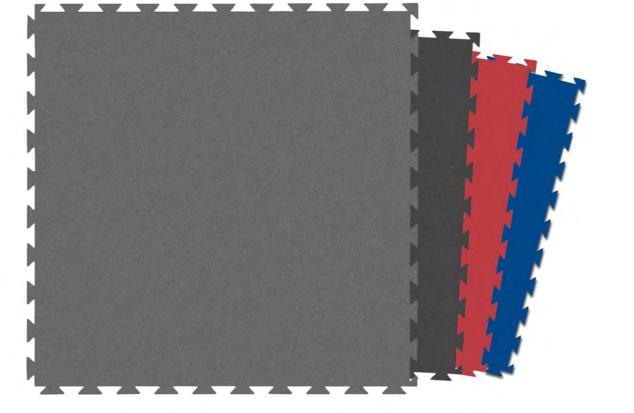








RRP 8500HG 8500A 37,90 €



Colour differences possible





RRP 43,90 €





Double Competition Standard

100 x 100 x 2cm (± 1,0 mm)



Hardness 35° - 40°

Qualified for many sports, already proven in material arts such as karate, taekwondo and kickboxing. Our Double Competition can be laid floating. Front and rear side can be used on both sides (turnaround-floormat). The interlocking-system fixes the mats together. There is no limit for individual room design, whether in color or through integrated edge-band.







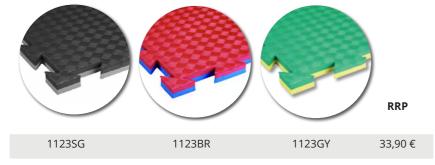








Color differences possible



Double competition Profi EXTRAHARD



Double CompetitionProfi

OFFICIAL COMPETITION MAT OF THE GERMAN BUDO ASSOCIATION AND THE HKBV (WAKO MEMBER) - RECOMMENDED BY WAKO PER GERMANY

100 x 100 x 2cm (± 1,0 mm) EN 1177 Impact Absorbing 90 cm Hardness 50° – 55°



The Double Competition Profi is even more resistant and better shock-absorbing properties. The mat meets the highest standards and is recommended by martial arts associations and used for competitions.















